

**ANNUAL REPORT (2024-25)**  
**DEPARTMENT OF PSYCHOLOGY**  
**S.D.M.GOV.T.P.G.COLLEGE**  
**DOIWALA**

The Department of psychology was established in 2001. The Department was upgraded into a postgraduate department in 2017 with 02 students in M.A taking admission in the course. Presently, the dept. of psychology has made efforts to achieve its program outcomes. The departmental progress in 2024-25 is as follows:

**1) Curricular Aspects:**

- Regular departmental meetings were conducted.
- Academic calendar was followed and examination schedule for internal assessment of P.G. students was made and implemented.
- Continuous Internal Evaluation was done through assignments, tests, power point presentations to assess the academic achievement of the post graduate students.
- ICT tools for enhancing the learning experience of the students were employed and blended teaching was encouraged.
- Dr. Vallari Kukreti is a member of Board of Studies and also the Skill Enhancement Courses (SEC) under the NEP-2020 psychology syllabus formation committee.
- 10 students of BAIII year went on field surveys and 08 MA (IV sem) students completed survey work for dissertation.

**2) Teaching Learning and student progression in the Department:**

- In 2024-25, 127 (67-BA 1sem, 39-IIIsem, 11-BAVsem, 2-MA-Isem & 8-MA-IIIsem) students took admission in dept. of psychology.
- In MA (III & IVsem) the topper has achieved 69.8% and MA (I & IIsem) the topper has achieved 77.2%. Thus, being academic toppers of the college.
- The dept. incorporated tutorials for the identified slow learners. A certified industrial exposure 'skill up gradation training' from CIPET: CSTS, Dehradun of 08 hours was provided to students in final year of post graduation class to understand the various nuances of organizational behaviour.
- The students are registered in N-List to facilitate their easy access to the e-resources for the completion of assignments.
- Student from post graduation participated in assembling the departmental wall magazine 'Abhivyakti' vol.(3) issue (1&2) with the theme: *Cultural Psychology & Mental Health*.
- The dept. is fully equipped (03 teachers against 03 vacancies) by the fully qualified (PhD) teaching faculty, one lab assistant and one peon.
- 2 students progressed to pursue post graduation, total 05 students found placement after completion of post graduation.

**3) Research, knowledge updation and achievement of the faculty in the department:**

- **Dr. Vallari Kukreti:**

- One minor research project funded by ICSSR, New Delhi.
- Supervisor of 02 and Co-supervisor of 03 PhD students.
- 01 research paper published.
- Conducted 03 day workshop on ‘How to maintain your mental health’ for stress management from 19/9/2024 to 21/9/2024 organised by Dept. of Psychology, Soban Singh Jeena University, Almora.
- 01 Faculty Development Program on NEP 2020 Orientation & Sensitisation Program conducted from 05/06/2024 to 14/06/2024 by Pt. Ravishankar Shukla University, Chattisgarh.
- 01 Short Term Course completed on e- content development from 01/08/2024 to 08/08/2024 by Pt. Ravishankar Shukla University, Chattisgarh.

- **Dr. Vandana Gaur:**

- 02 seminars attended.
- Supervising 02 PhD. students.
- 01 book published on Indian Knowledge Systems for Sustainable Development.
- 04(02journal+02edited book) papers published in journal and edited book.
- Awarded *Mukhyamantri utkrisht shodhpatr prakashan protsaahan yojana-2024*.
- 01 Faculty Development Program on ‘NEP2020 Orientation & Sensitisation Program’ completed.

- **Dr. Poonam Pandey:**

- Supervisor of 04 PhD students.
- Joint Secretary of Uttarakhand Psychological Association ‘*Psychologus*’.
- 01 FDP on NEP2020 Orientation & Sensitisation Program’ completed.
- 05 seminars attended.

#### 4) Department in college committees:

The 2024-25, the faculty members have been actively involved in various committees formed by the college. They are as follows:

- **Dr. Vallari Kukreti:**

- Incharge of Department of Psychology, S.D.M.govt.P.G.college, Doiwala.
- Associate NCC Officer (ANO), 29UK Bn,NCC, S.D.M.Govt.P.G.College, Doiwala.
- Coordinator of MA (psychology) admission committee.
- Coordinator psychological counseling Cell
- Member of-
  - ✓ Member of Internal Quality Assessment Cell(IQAC)
  - ✓ Member of Proctorial Board
  - ✓ Member of anti ragging committee
  - ✓ Member of first sem Admission Committee
  - ✓ Parents Teachers Association
  - ✓ Student service Center(SSC)
  - ✓ Internal Cell

- ✓ Research Committee
- ✓ College timetable formation committee.
- ✓ KPI committee
- ✓ Member of student's election related grievance redressal cell
- **Dr. Vandana Gaur:**
  - Nodal officer of MIS portal.
  - Nodal officer of Academic Bank Credit.
  - Member of-
    - ✓ Examination committee
    - ✓ Samartha Portal
    - ✓ Internal Quality Assessment Cell(IQAC)
    - ✓ Proctorial board
    - ✓ Research Committee
    - ✓ Website committee
    - ✓ BA(Isem) admission committee
    - ✓ Psychological counseling cell
    - ✓ Student Service Center
    - ✓ NEP-2020 implementation committee
- **Dr. Poonam Pandey:**
  - Member of-
    - ✓ Cultural committee
    - ✓ BA (Isem) admission Committee
    - ✓ Student association election committee
    - ✓ Student association annual function organization
    - ✓ Sports day committee
    - ✓ Examination Committee
    - ✓ EDUSAT committee
    - ✓ Student Service Center
    - ✓ Psychological counseling committee

#### **4) Extracurricular activities in the Department:**

The association of psychology comprise of Sakshi Bahuguna (President), Satnaam Singh (Vice President), Pratham Guleriya (Secretary), Bhumika Bhatt (Deputy Secretary) & Harshita (Treasurer).

The department of psychology has an active association through which the following activities in the department have been conducted:

- ‘*Abhivyakti*’ is the departmental wall magazine which was initiated as an online group for the students of psychology to express the theme based views during COVID-19 period took the form of wall magazine in the session 2022-23. In 2024-25, ‘*Abhivyakti*’ Vol.3: Theme of **Issue 1: Cultural Psychology** & Theme of **Issue 2: Mental Health** was displayed. Following is the editing team

for the session 2024-25 of the magazine: Chief Editor –Sakshi Bahuguna(MA IVsem), Co-Editor-Vaishali Rawat(MA IVsem), Art Editor- Manisha Uniyal(MA IVsem), Art Co-Editor- Akash Pal(MA IIsem) & Feature Editor- Siddhant Bahuguna(MA IVsem).

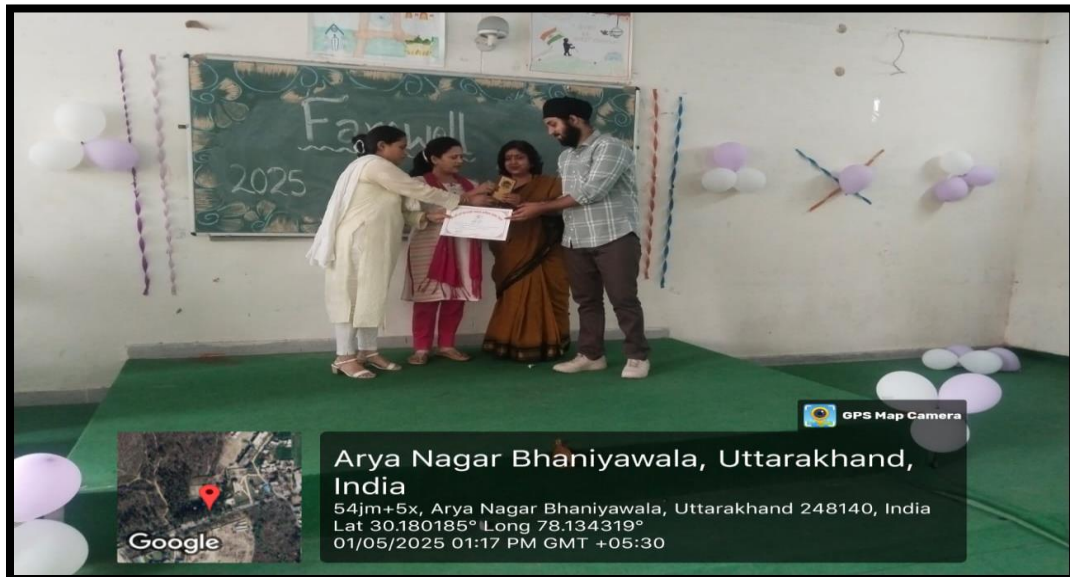
- **Conduction of Essay competition (10/03/2025):** Topic of essay competition at post graduate level was '*Psychological correlates of crime against women*'. Winners at Post Graduate level were Manisha Uniyal (MAIVsem)- I prize, Sakshi Bahuguna (MAIVsem)-II Prize & Om Kala (MAIVsem)-III prize.' Topic of essay competition at undergraduate level was '*Scope of psychology as a career in the current world scenario*'. Winners at Undergraduate level were Simran Nayan(BA IIsem)-I prize, Vaishali Khanduri (BAVI sem)-II prize & Sakshi (BA IVsem)-III prize.
- A certified industrial exposure '**skill up gradation training**' on 15/7/2024 from CIPET: CSTS, Dehradun of 08 hours was provided to students in final year of post graduation class to understand the various nuances of organizational behavior.
- Conduction of fresher & farewell parties.
- Conduction of **Poster competition(17/03/2025)** on psychological themes: Topic of poster competition at Post graduate level was '*Mental Heath Awareness*'.Winners at Post Graduation level: Manisha Uniyal(MA IV sem)-I prize, Sakshi Bahuguna(MA IVsem)-II prize & Vaishali Rawat(MA IVsem)-IIIprize . Topic of the poster competition at undergraduate level was '*Impact of social media on anxiety & depression*'. Winners at Under Graduation level: Vaishali Khanduri (BAVI sem)-I prize, Sania (BAVI sem)-II prize & Bhumika Bhatt (BA IV sem)-III prize.

## A PEEK INTO ANNUAL ACTIVITIES (2024-25)

### Training at CIPET



## Prize Distribution of Annual Activities



## Fresher & Farewell Party



(Dr. Vallari Kukreti)  
Assist. Prof.& Incharge of the dept  
Dept. of Psychology  
S.D.M.Govt.P.G.College  
Doiwala